

PATIENT INFORMATION LEAFLET (PIL)

AMADAY 5 (Amlodipine Tablets 5 mg)

Each uncoated tablet contains:

Amlodipine Besilate BP

Equivalent to Amlodipine..... 5 mg

Read this information carefully before you start taking AMADAY and each time you refill your prescription.

There may be new information. This information does not replace talking with your doctor. If you have any questions about AMADAY, ask your doctor. Your doctor will know if AMADAY is right for you.

In this leaflet:

1. What is Amaday Tablets are and what they are used for
2. Who should not use Amaday Tablets
3. What should I tell my doctor before taking Amaday?
4. How to take Amaday Tablets
5. What should I avoid while taking AMADAY?
6. Possible side effects
7. How to store Amaday Tablets

1) What is Amaday Tablets are and what they are used for?

AMADAY is a type of medicine known as a calcium channel blocker (CCB). It is used to treat high blood pressure (hypertension) and a type of chest pain called angina. It can be used by itself or with other medicines to treat these conditions.

High Blood Pressure (hypertension)

High blood pressure comes from blood pushing too hard against your blood vessels. AMADAY relaxes your blood vessels, which lets your blood flow more easily and helps lower your blood pressure. Drugs that lower blood pressure lower your risk of having a stroke or heart attack.

Angina

Angina is a pain or discomfort that keeps coming back when part of your heart does not get enough blood. Angina feels like a pressing or squeezing pain, usually in your chest under the breastbone. Sometimes you can feel it in your shoulders, arms, neck, jaws, or back. AMADAY can relieve this pain.

2) Who should not use Amaday Tablets?

Do not use AMADAY if you are allergic to amlodipine (the active ingredient in AMADAY), or to the inactive ingredients. Your doctor or pharmacist can give you a list of these ingredients.

3) What should I tell my doctor before taking Amaday?

Tell your doctor about any prescription and non-prescription medicines you are taking, including natural or herbal remedies.

Tell your doctor if you:

- Ever had heart disease
- Ever had liver problems
- Are pregnant, or plan to become pregnant. Your doctor will decide if Amaday is the best treatment for you.
- Are breast-feeding. Amaday passes into your milk.

4) How should I take AMADAY?

Take AMADAY once a day, with or without food.

It may be easier to take your dose if you do it at the same time every day, such as with breakfast or dinner, or at bedtime. Do not take more than one dose of Amaday at a time.

If you miss a dose, take it as soon as you remember. Do not take Amaday if it has been more than 12 hours since you missed your last dose. Wait and take the next dose at your regular time.

Other medicines: You can use nitroglycerin and Amaday together. If you take nitroglycerin for angina, don't stop taking it while you are taking AMADAY.

While you are taking AMADAY, do not stop taking your other prescription medicines, including any other blood pressure medicines, without talking to your doctor.

If you took too much AMADAY, call your doctor or go to the nearest hospital emergency room right away.

5) What should I avoid while taking AMADAY?

Do not start any new prescription or non-prescription medicines or supplements, unless you check with your doctor first.

General advice about AMADAY

Sometimes, doctors will prescribe a medicine for a condition that is not written in the patient information leaflets. Only use AMADAY the way your doctor told you to. Do not give AMADAY to other people, even if they have the same symptoms you have. It may harm them.

6) What are the possible side effects of AMADAY?

AMADAY may cause the following side effects. Most side effects are mild or moderate:

- Swelling of your legs or ankles
- Tiredness, extreme sleepiness

- Stomach pain, nausea
- Dizziness
- Flushing (hot or warm feeling in your face)
- Arrhythmia (irregular heartbeat)
- Heart palpitations (very fast heartbeat)
- Muscle rigidity, tremor and/or abnormal muscle movement

It is rare, but when you first start taking AMADAY or increase your dose, you may have a heart attack or your angina may get worse. If that happens, call your doctor right away or go directly to a hospital emergency room.

Tell your doctor if you are concerned about any side effects you experience. These are not all the possible side effects of AMADAY. For a complete list, ask your doctor or pharmacist.

7) How do I store AMADAY?

Keep AMADAY away from children. Store AMADAY Tablets at room temperature. Keep AMADAY out of the light. Store at a temperature below 30°C. Protect from light and moisture.

8) Further Information

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The other ingredient(s) are

Maize Starch BP

Microcrystalline Cellulose BP

Lactose BP

Maize Starch BP

Colour Erythrosine Lake IH

Purified Water #

Colloidal Silicon Dioxide USP-NF

Purified Talc BP

Magnesium Stearate BP

Purified Water conforms to the specification of BP/USP/Ph.Eur.

USP : United States Pharmacopeia

BP : British Pharmacopoeia

Ph.Eur : European Pharmacopeia

IH : In-house Specification

Marketing authorization holder and manufacturing site addresses:

Ajanta Pharma Limited
Ajanta House,
Charkop, Kandivli (West),
Mumbai- 400 067,
India

Manufacturing site address:

B- 4/5/6, MIDC Area,
Paithan, Aurangabad - 431 148,
Maharashtra,
India

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