

MEBEDOL

(MEBENDAZOLE ORAL SUSPENSION USP 100 MG/5 ML)

PATIENT INFORMATION LEAFLET: INFORMATION FOR THE USER

What is in this leaflet

- 1. What MEBENDAZOLE SUSPENSION is and what it is used for**
- 2. What you need to know before you take MEBENDAZOLE SUSPENSION**
- 3. How to take MEBENDAZOLE SUSPENSION**
- 4. Possible side effects**
- 5. How to store MEBENDAZOLE SUSPENSION**
- 6. Further information**

1. WHAT MEBENDAZOLE SUSPENSION IS AND WHAT IT IS USED FOR

The name of your medicine is Mebendazole Suspension (referred to as Mebendazole Suspension in this leaflet). It contains a medicine called mebendazole. It is one of a group of medicines called 'anthelmintics'.

Mebendazole Suspension is used to treat worm infections of the gut such as:

- threadworms (pinworms)
- other common worm infections (such as whipworm, roundworm, hookworm)

This medicine is for use in adults and children aged over 2 years.

You or your child has been advised to take Mebendazole Suspension because you have a worm infection. Worms can infect anyone. It does not necessarily mean that your hygiene is poor.

To stop you and your family infecting others or re-infecting yourselves, follow the advice below for at least six weeks:

- Keep nails short
- Discourage nail biting or finger sucking
- Wear pyjamas or underclothes in bed
- In the mornings, wash your bottom thoroughly
- Use a separate towel for each person in the house
- Change clothes regularly
- Wash and iron bed linen regularly
- Wash hands and nails well after using the toilet and before meals

2. WHAT YOU NEED TO KNOW BEFORE YOU TAKE MEBENDAZOLE SUSPENSION

Do not use Mebendazole Suspension if:

- You are allergic to anything in Mebendazole Suspension (listed in section 6 below)
- You are pregnant

Do not use this medicine if any of the above applies to you. If you are not sure, talk to your doctor or pharmacist before using Mebendazole Suspension.

Warnings and precautions

- Mebendazole Suspension should not be given to children under 2 years of age
- Mebendazole Suspension should only be given to younger children if your doctor has specifically prescribed it.

Your doctor will decide whether Mebendazole Suspension is suitable for your child. You must follow the doctor's instructions carefully.

Taking other medicines

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines. This includes medicines that you buy without a prescription, herbal medicines, dietary supplements or vitamins.

In particular tell your doctor or pharmacist if you are taking:

- Metronidazole - for certain infections
- Cimetidine - for excess stomach acidity

Talk to your doctor before using Mebendazole Suspension if you are taking any of these medicines.

Pregnancy and breast-feeding

- Do not take Mebendazole Suspension if you are pregnant, think you may be pregnant or might become pregnant
- Ask your doctor or pharmacist for advice if you are breast-feeding

Driving and using machines

This medicine is not likely to affect you being able to drive or use any tools or machines.

Important information about some of the ingredients of Mebendazole Suspension

Mebendazole Suspension contains

- Sucrose. If your doctor has told you that you are intolerant of some sugars, contact them before taking this medicine
- Methyl parahydroxybenzoate (E218) and propyl parahydroxybenzoate (E216). This may cause an allergic reaction. This reaction may happen sometime after you have taken Mebendazole Suspension

3. HOW TO TAKE MEBENDAZOLE SUSPENSION

Always use Mebendazole Suspension exactly as your doctor has told you. You should check with your doctor or pharmacist if you are not sure.

Using this medicine

- Take this medicine by mouth
- The dose will depend on which type of worm you have
- Always shake the bottle thoroughly before use
- Use the 5 ml cup in the pack to measure the dose
- Always supervise a child if they are taking this medicine
- You do not need to use a laxative or change your diet

How much you should take

Adults and children over 2 years old

For threadworms (pinworms):

- one 5 ml measuring cup (or spoonful) of suspension A single dose of Mebendazole Suspension will kill threadworms. Your doctor may tell you to take a second dose after 2 weeks in case of re-infection.

For other common worm infections:

- one 5 ml measuring cup (or spoonful) of suspension two times a day (morning and evening) for three consecutive days or as directed by your doctor

If you take more Mebendazole Suspension than you should

If you take more Mebendazole Suspension than you should, talk to a doctor or go to the nearest hospital casualty department straight away.

If you forget to take Mebendazole Suspension

- Do not take the missed dose
- Take your next dose at the usual time, and then keep taking your medicine as your doctor has told you
- Do not take a double dose to make up for a forgotten dose

If you have any further questions on the use of this product, ask your doctor or pharmacist.

4. POSSIBLE SIDE EFFECTS

Like all medicines, Mebendazole Suspension can cause side effects, although not everybody gets them.

Stop using Mebendazole Suspension and tell your doctor straight away if you notice or suspect the following serious side effects. You may need urgent medical treatment.

- Sudden swelling of your face or throat. Hives (also known as nettle rash or urticaria), severe irritation, reddening or blistering of your skin. These may be signs of a severe allergic reaction
- Blistering of your skin, mouth, eyes and genitals
- Fits (convulsions)

Tell your doctor or pharmacist if you notice any of the following side effects:

Common (affects less than 1 in 10 people)

- Stomach pain

Uncommon (affects less than 1 in 100 people)

- Stomach discomfort
- Diarrhoea
- Wind
- Feeling sick (nausea) or being sick (vomiting)

Rare (affects less than 1 in 1,000 people)

- Rash
- Inflammation of the liver

- Changes in liver enzymes (shown in blood tests)
- Inflammation of the kidneys
- Reduction in white blood cells (shown in blood tests). You may get more infections
- Unusual hair loss
- Dizziness

5. HOW TO STORE MEBENDAZOLE SUSPENSION

Keep out of the sight and reach of children.

Do not use tablets after the expiry date which is printed after 'Exp' on the carton.

Do not store above 30°C. Keep the tablets in their original pack.

Medicines should not be disposed of via waste water or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

6. FURTHER INFORMATION

1. Sucrose BP
2. Sorbitol 70% BP
3. Glycerin BP
4. Sodium Methyl Hydroxybenzoate BP
5. Sodium Propyl Hydroxybenzoate BP
6. Citric Acid Monohydrate BP
7. Poly Sorbate-80 BP
8. Sodium Citrate BP
9. Colloidal Anhydrous Silica BP
10. Xanthan Gum BP
11. Color: Quinoline yellow IHS
12. Flavour Vanilla liquid IHS

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