

PATIENT INFORMATION LEAFLET

KANDIMAX 1%

(Clotrimazole Dusting Powder)

Composition :

Clotrimazole USP 1% w/w

Zinc Oxide BP 1.75% w/w

Talc BP q.s.

Read all of this leaflet carefully because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- You must contact a doctor if your symptoms worsen or do not improve.
- If you have any unusual effects after using this product, tell your doctor or pharmacist.

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1. WHAT IS KANDIMAX 1% (CLOTRIMAZOLE DUSTING POWDER) AND WHAT IS IT USED FOR?

KANDIMAX 1% (Clotrimazole Dusting Powder) is a broad spectrum antifungal medicine used to treat skin infections such as athlete's foot, jock itch, ringworm and infections resulting from excessive sweating. It also relieves symptoms such as burning, itching, cracking of the skin and discomfort caused by these infections.

If you are unsure whether you have one of these fungal skin infections, seek the advice of your doctor or pharmacist.

KANDIMAX 1% (Clotrimazole Dusting Powder) contains Clotrimazole and Zinc Oxide as active ingredients.

Clotrimazole belongs to a group of medicines called imidazoles and is an antifungal agent which fights the cause of fungal skin infections. Zinc oxide topical is used to treat diaper rash, minor burns, severely chapped skin, or other minor skin irritations. Zinc oxide is mildly astringent, soothing and protective.

2. BEFORE YOU USE KANDIMAX 1% (CLOTRIMAZOLE DUSTING POWDER)

Do not use KANDIMAX 1% (Clotrimazole Dusting Powder) :

- If you are allergic (hypersensitive) to Active Ingredients or the other ingredient of KANDIMAX 1% Powder.
- Do not use KANDIMAX 1% Powder on deep skin wounds or severe burns.
- Consult the physician if symptoms persist for more than 7 days.

Using other medicines:

All drugs interact differently for person to person. You should check all the possible interactions with your doctor before starting any medicine. Do let your doctor know if you smoke, consume alcohol or caffeinated drinks, or use illegal drugs as these may interfere with the action of your medication.

Pregnancy and breast-feeding:

If you are pregnant, breast-feeding or trying for a baby, tell your doctor before using KANDIMAX 1% (Clotrimazole Dusting Powder). If you have informed your doctor or midwife already, follow his/her instructions carefully.

3. HOW TO USE KANDIMAX 1% (CLOTRIMAZOLE DUSTING POWDER)

If KANDIMAX 1% (Clotrimazole Dusting Powder) has been prescribed for you by your doctor, follow any instructions he/she may have given you. If you purchased this product without a prescription, follow these directions closely:

- If the feet are infected, they should be washed and dried thoroughly, especially between the toes, before applying the powder.
- KANDIMAX 1% (Clotrimazole Dusting Powder) should be sprinkled onto the affected areas two or three times daily for a period of two weeks to speed up the process of healing and see faster results.
- The powder may also be dusted inside articles of clothing and footwear which are in contact with the affected areas. If the socks are being dusted, it should be done by turning them inside out and applying the powder directly to the area that will be in contact with the affected part of the foot.

The symptoms of skin infection, such as itching or soreness, should improve within a few days of treatment although signs such as redness and scaling may take longer to disappear. If symptoms persist, consult your doctor.

KANDIMAX 1% (Clotrimazole Dusting Powder) is for external use only.

Do not take the powder orally or make sure that it does not enter your body under any circumstance.

If the powder is swallowed accidentally, tell your doctor straight away or contact the Accident and Emergency Department of your nearest hospital.

If you accidentally get powder in your eyes or mouth, wash immediately with water and contact your doctor.

If you forget to use KANDIMAX 1% (Clotrimazole Dusting Powder) :

Apply the powder as soon as possible and then continue the rest of your treatment as usual.

You can help the treatment to work if you follow these simple self-help tips:

- Although the infected area will itch, try not to scratch. Scratching will damage the surface of the skin and cause the infection to spread further.
- Keep the affected skin areas clean.
- Pay particular attention to drying the skin, but avoid excessive rubbing.
- Do not share towels, bath mats, etc. with other people as you could spread the infection to them.
- Always wash your hands after treating the infection to prevent it from spreading.

If you have athlete's foot:

- Remember to dry the skin between the toes thoroughly.
- Wash your socks, stockings and tights thoroughly in hot water to remove any shed skin or fungal spores.
- Change your footwear daily if possible.

4. POSSIBLE SIDE EFFECTS

As with all medicines, some people may be allergic to the powder. If you are allergic, a reaction will occur soon after you start using it. If you experience an allergic reaction, stop using KANDIMAX 1% (Clotrimazole Dusting Powder) and inform your doctor. Signs of an allergic reaction may include:

- Rash.
- Swallowing or breathing problems.
- Weakness, feeling dizzy or faint.
- Nausea.

Rarely, immediately after you apply the powder you might experience the following symptoms:

- Mild burning.
- Irritation.

If this is intolerable, stop treatment and see your doctor as soon as possible.

Very rarely, KANDIMAX 1% (Clotrimazole Dusting Powder) may cause side effects which can be very similar to the symptoms of the infection. These symptoms may include:

- Burning, pain or itching.
- Redness.
- Rash.
- Swelling.

If any of these symptoms gets worse, stop treatment and see your doctor as soon as possible.

5. HOW TO STORE KANDIMAX 1% (CLOTRIMAZOLE DUSTING POWDER)

Keep out of the reach and sight of children.

Store below 30°C, Protect from light.

Keep the bottle tightly closed.

Do not use KANDIMAX 1% (Clotrimazole Dusting Powder) after the expiry date which is stated at one end of the bottle. The expiry date refers to the last day of that month.

Medicines should not be disposed of via waste water or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

6. FURTHER INFORMATION

What KANDIMAX 1% (Clotrimazole Dusting Powder) contains:

The active substances are Clotrimazole USP 1% w/w and Zinc Oxide BP 1.75% w/w

The other ingredient is Talc, Starch, Aerosil, Purified Talcum and Perfume English Lavender.

What KANDIMAX 1% (Clotrimazole Dusting Powder) looks like and contents of the pack:

KANDIMAX 1% (Clotrimazole Dusting Powder) is a white smooth powder.

Available in High-density polyethylene bottle with printed sleeve having inner dusting cap and outer press cap, containing 100 gm of powder. Also available in 50 gm pack.

Marketing Authorisation Holder:

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