# Hepto Pep® Forte

Cyproheptadine, Lysine and Vitamins Syrup

## Composition:

## Each 5 mL Contains :

Cyproheptadine Hydrochloride	BP	2 mg
Lysine Hydrochloride	USP	150 mg
Thiamine Hydrochloride	BP	2 mg
Pyridoxine Hydrochloride	BP	1 mg
Nicotinamide	BP	15 mg
Dexpanthenol	BP	4.5 mg
Flavoured syrup base		q.s.

HEPTOPEP Forte Syrup contains a unique combination of Cyproheptadine, Lysine and Vitamins. While Cyproheptadine is a clinically proven appetite stimulant, Lysine & Vitamins promote formation of new body proteins, weight gain and growth in Children.

### INDICATIONS:

HEPTOPEP Forte Syrup as an appetite stimulant for increased appetite and healthy growth, indicated in:

- Loss of appetite and poor eating habits.
- Loss of appetite during convalescence, following surgery or after any major illness.
- As an appetite stimulant particularly in anorexia nervosa.

## CAUTION:

Some individuals may feel drowsy when taking HEPTOPEP Forte Syrup. If this happens they should not drive a vehicle or operate machinery or appliances requiring alertness.

## **CONTRA-INDICATIONS:**

There are no known contraindications but concomitant administration of other antihistamines and sedatives is contraindicated.

## ADVERSE REACTIONS AND PRECAUTIONS:

Drowsiness to deep sleep, lassitude, dizziness, and in-coordination may occasionally occur especially in high doses. The sedative effect may diminish after a few days of treatment. It is suggested that the treatment is started with a lower dose and increased gradually over a period of days.

### INTERACTIONS

Sedative antihistamines may enhance the sedative effects of CNS depressants including alcohol, barbiturates, hypnotics etc.

### SAFETY

It is generally safe to use both in children and adults. But precaution should be taken while using other CNS depressants and sedatives.

### USE IN PREGNANCY AND LACTATION:

PREGNANCY: Reproduction studies have been performed in rabbits, mice and rats at oral or subcutaneous doses up to 32 times the maximum recommended human oral dose and have revealed no evidence of impaired fertility or harm to the fetus due to cyproheptadine. Cyproheptadine has been shown to be fetotoxic in rats when given by intraperitoneal injection in doses four times the maximum recommended human oral dose. Two studies in pregnant women, however, have not shown that cyproheptadine increases the risk of abnormalities when administered during the first, second and third trimesters of pregnancy. No teratogenic effects were observed in any of the newborns. Nevertheless, because the studies in humans cannot rule out the possibility of harm, cyproheptadine should be used during pregnancy only if clearly needed.

LACTATION: Contraindicated in breast-feeding women.

**NURSING MOTHERS:** Because of the higher risk of antihistamines for infants generally and for newborns and prematures in particular, antihistamine therapy is contraindicated in nursing mothers.

**PEDIATRIC USE:** Safety and effectiveness in pediatric patients below the age of two years have not been established.

**OVERDOSAGE**: Overdosage reactions may vary from central nervous system depression to stimulation especially in children. Also, atropine-like signs and symptoms (dry mouth; fixed, dilated pupils; flushing, etc.) as well as gastrointestinal symptoms may occur.

**ANTIDOTE IN THE EVENT OF OVERDOSAGE**: If vomiting has not occurred spontaneously, the patient should be induced to vomit with syrup of inecac.

If the patient is unable to vomit, perform gastric lavage. Precautions against aspiration must be taken especially in infants and children. When life-threatening CNS signs and symptoms are present, intravenous physostigmine salicylate may be considered. Dosage and frequency of administration are dependent on age, clinical response and recurrence after response.

Saline cathartics, as milk of magnesia, by osmosis draw water into the bowel and, therefore, are valuable for their action in rapid dilution of bowel content.

## DOSAGE:

Adults: 10 mL 3 times daily before food.

 $Children: 2\ to\ 6\ years: 5\ mL, 2\ to\ 3\ times\ daily\ before\ food.$   $7\ to\ 14\ years: 10\ mL, 2\ to\ 3\ times\ daily\ before\ food.$ 

**STORAGE**: Do not store above 30°C. Protect from light.

PRESENTATION: Bottles of 100 mL & 200 mL in an attractive carton

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