

PATIENT INFORMATION LEAFLET (PIL) FOR CETAHAB EXTRA

(Paracetamol 325 mg + Diclofenac sodium 50 mg + Caffeine 30 mg Tablets)

Read all of this leaflet carefully before you start taking this medicine.

Keep this leaflet. You may need to read it again.

- If you have any further questions, ask your health care provider.
- This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.
- If any of the side effects becomes serious, or if you notice any side effects not listed in this leaflet, please tell your health care provider.

In this leaflet:

1. What CETAHAB EXTRA is and what it is used for
2. Before you take CETAHAB EXTRA
3. How to take CETAHAB EXTRA
4. Possible side effects
5. How to store CETAHAB EXTRA
6. Further information

1. WHAT CETAHAB EXTRA TABLETS IS AND WHAT IT IS USED FOR

This medicine contains:

- Paracetamol which is a pain reliever (analgesic) and helps reduce your temperature when you have a fever.
 - Diclofenac sodium which helps to relieve pain, reduce swelling and ease inflammation in conditions affecting the joints, muscles and tendons
 - Caffeine which helps to increase the pain relief from paracetamol and makes you more alert.
- These Tablets are used for the relief of the symptoms of colds and flu, including headache, feverishness (high temperature), nasal and sinus congestion and its associated pressure and pain, catarrh, aches and pains.

2. BEFORE YOU TAKE CETAHAB EXTRA TABLETS

Do not take this medicine if you :

- are allergic to paracetamol, diclofenac sodium or any of the other ingredients
- are under 12 years of age

Please see your doctor or pharmacist before taking this medicine if you :

- are diagnosed with hypertension or receiving antihypertensive medication, or have a history of cardiac arrhythmia.
- are recovering from chronic alcoholism.

If you are taking any of the following medicines please see your doctor :

This medicine should not be used if antidepressants (including lithium carbonate), anxiolytics (including clozapine) and sedatives are being used, or by persons with anxiety disorders. This medicine should not be used by any persons who are also taking ephedrine.

Pregnancy and breast-feeding

It is risk to use this drug during pregnancy & Breastfeeding. You can take this medicine in pregnancy and lactation only after doctors consultation.

Paracetamol is excreted in breast milk but not in a clinically significant amount. Available published data do not contraindicate breast feeding.

Diclofenac sodium should be used in pregnancy only if the benefits outweigh the risk, when the lowest effective dose should be employed

Caffeine appears in breast milk. Irritability and poor sleeping pattern in the infant have been reported.

Driving and using machines

You can drive vehicle or operate any machinery while taking CETAHAB EXTRA.

3. HOW TO TAKE CETAHAB EXTRA TABLETS

Swallow the Tablet whole with water. Do not chew.

Adults : 2-3 Tablets per day.

Children over 12 years: 1 to 2 Tablets daily or as directed by the Physician.

If you do not get better, talk to your doctor. Avoid too much caffeine in drinks like coffee and tea. High caffeine intake can cause difficulty sleeping, shaking and an uncomfortable feeling in the chest. Talk to a doctor at once if you take too much of this medicine even if you feel well. This is because too much paracetamol can cause delayed, serious liver damage. Go to your nearest hospital casualty department. Take your medicine and this leaflet with you.

4. POSSIBLE SIDE EFFECTS

Abdominal pain or cramps, constipation, diarrhea, flatulence, GI bleeding, GI perforation, peptic ulcer, vomiting, dyspepsia, nausea, dizziness, headache liver function test abnormalities, renal function abnormalities, anemia, prolonged bleeding time, pruritus, rash, tinnitus, edema, rash, allergic reaction.

There may be malaise, fatigue, insomnia, confusion, anxiety or depression, tremor or psychotic reactions. Skin reactions, including loss of hair and photosensitivity reactions occur occasionally

If you get any side effects, talk to your doctor, pharmacist or nurse, This includes any possible side effects not listed in this leaflet.

5. HOW TO STORE CETAHAB EXTRA TABLETS

Store below 30°C. Protect Form sunlight. Keep out of reach of children.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

6. FURTHER INFORMATION

What CETAHAB EXTRA contains:

The active ingredients in this medicine are : Paracetamol, Diclofenac sodium, Caffeine (Anhydrous).

The other ingredients are : Maize Starch, Methyl Paraben, Sodium Propyl Paraben, Povidone, Colour Tartrazine Supra, Purified Water, Purified Talc, Magnesium Stearate, Sodium Starch Glycollate.

What CETAHAB EXTRA looks like and contents of the pack : One Alu-Pvc blister of 10 tablets packed in a inner carton along with insert. Such 10 inner cartons further packed in a outer carton.

Manufacturer

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