

## **PATIENT INFORMATION LEAFLET (PIL) FOR CENTONE**

(Cyproheptadine with Multivitamin Syrup)

### **Read all of this leaflet carefully before you start taking this medicine.**

Keep this leaflet. You may need to read it again.

- If you have any further questions, ask your health care provider.
- This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.
- If any of the side effects becomes serious, or if you notice any side effects not listed in this leaflet, please tell your health care provider.

### **In this leaflet:**

1. What CENTONE is and what it is used for
2. Before you take CENTONE
3. How to take CENTONE
4. Possible side effects
5. How to store CENTONE
6. Further information

## **1. WHAT CENTONE SYRUP IS AND WHAT IT IS USED FOR**

This medicine contains:

Combination of Cyproheptadine and multivitamins provides quick recovery from allergic disorders, treatment of inflammation of nasal mucosa such as rhinitis. Nutritional deficiencies, diet regulation in the course of treatment are corrected by the vitamins.

Cyproheptadine is indicated in the treatment of

- \* Perennial and seasonal allergic rhinitis
- \* Vasomotor rhinitis
- \* Allergic conjunctivitis due to inhalant allergens and foods
- \* Mild, uncomplicated allergic skin manifestations of urticaria and angioedema.
- \* Amelioration of allergic reactions to blood or plasma
- \* Cold urticaria
- \* As therapy for anaphylactic reactions adjunctive to epinephrine and other standard measures after the acute manifestations have been controlled.

Vitamin B1 is an essential coenzyme for carbohydrate metabolism. Treatment of deficiency disorders such as beri-beri, Wernicke- Korsakoff syndrome.

Riboflavin (Vitamin B2) is required for the utilization of energy from food, treatment of nutritional deficiency, glossitis, keratitis, seborrhoeic dermatitis.

Pyridoxine Hydrochloride (Vitamin B6) : As a supplement it is used to treat and prevent pyridoxine deficiency, sideroblastic anaemia, pyridoxine-dependent epilepsy, certain metabolic disorders, problems from isoniazid, and mushroom poisoning.

L-Lysine : Amino acid Supplementary.

Nicotinamide is used in the treatment and prevention of deficiency, in conjunction with lipid regulating agents in hyperlipidemia, in alcoholism.

Zinc Sulphate : Dietary Supplement for treating Zinc deficiency.

## **2. BEFORE YOU TAKE CENTONE SYRUP**

### **Do not take this medicine if :**

- You are undergoing therapy for an acute asthmatic attack
- You are allergic (hypersensitive) to cyproheptadine or any of the other ingredients of CENTONE.

- You are taking a type of medicine called a monoamine oxidase inhibitor (MAOI) for depression, such as meclobemide, phenelzine, ranylcypromine, linezolid or pargyline.
- you have a stomach ulcer.

**Check with your doctor before taking your medicine if:**

- you have ever been told that you have high pressure inside your eye (high intra-ocular pressure)
- you have an over-active thyroid gland
- you have high blood pressure
- If you are not sure.

if any of the above apply to you, talk to your doctor or pharmacist before taking CENTONE .

**Taking other medicines**

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription.

This includes herbal medicines.

This is because CENTONE can affect the way some other medicines work.

Also some medicines can affect the way CENTONE works.

Do not take CENTONE if you are taking a type of medicine called a ‘monoamine oxidase inhibitor’ (MAO inhibitor) such as meclobemide, phenelzine, tranylcypramine, linezolid or pargyline. Also, it is important to tell your doctor or pharmacist if you take:

- sleeping pills - such as temazepam, nitrazepam, zopiclone, zaleplon or zolpidem.
- medicines for worry or anxiety - such as diazepam, alprazolam, chlordiazepoxide, clorazepate
- medicines for depression- such as fluoxetine, paroxetine, amitriptyline or imipramine
- any medicines that make you sleepy - such as sedatives or tranquillisers.

**If you are not sure if any of the above apply to you, talk to your doctor or pharmacist before taking CENTONE .**

-Taking CENTONE with food and drink

-Do not drink alcohol while you are taking CENTONE. This is because CENTONE can make you sleepy and drinking alcohol at the same time can make you even more sleepy.

**Pregnancy and breast-feeding**

-Do not take CENTONE if you are or think you may be pregnant. Ask your doctor or pharmacist for advice before taking any medicine.

-Driving and using machines

-Do not drive or use any tools or machines while taking this medicine. This is because CENTONE can make you sleepy.

**3. HOW TO TAKE CENTONE SYRUP**

For Children < 4 years old : 2.5 ml per day

For Children > 4 years old : 5 ml per day or As directed by physician.

If you do not get better, talk to your doctor. Talk to a doctor at once if you take too much of this medicine even if you feel well. Go to your nearest hospital casualty department. Take your medicine and this leaflet with you.

**4. POSSIBLE SIDE EFFECTS**

Most people do not have any side effects while taking this medicine. However, if you experience any of the following side effects, or anything else unusual happens, stop taking the medicine immediately, and see your doctor or pharmacist. Stop taking this medicine and tell your doctor immediately if you experience:

- Allergic reactions which may be severe such as skin rash and itching sometimes with swelling of the mouth or face or shortness of breath.
- Skin rash or peeling, or mouth ulcers.

- Breathing problems.
- feeling like you have a missed heart beat
- feeling confused, restless, over excited, nervous, irritable or trembling.
- Inflammation inside the ear, ringing in the ears
- blurred or double vision.
- diarrhoea or constipation.
- liver problems, including jaundice, hepatitis and hepatic failure - signs include yellowing of your skin and eyes, sometimes with a fever, pale stools and dark urine.

If you get any side effects, talk to your doctor, pharmacist or nurse, This includes any possible side effects not listed in this leaflet.

## **5. HOW TO STORE CENTONE SYRUP**

Store in a cool, dry and dark place. Keep out of reach of Children.

## **6. FURTHER INFORMATION**

### **What CENTONE contains:**

The active ingredients in this medicine are : Cyproheptadine HCl (Anhydrous), Thiamine HCl (Vitamin B1), Riboflavin (Vitamin B2), Pyridoxine HCl (Vitamin B6), L-Lysine HCl, Niacinamide (Vitamin B3), Zinc Sulphate.

The other ingredients are : Arrow Super Gum, Citric ACID (mono), Colour Caramel, Disodium EDTA, ENISWEET Powder, Sodium Methyl paraben, Flavour - Vanilla coconut SKAF-M8879, Sodium Propyl paraben, Propylene glycol, Sodium benzoate, Sodium saccharin, Sucrose, Thio Urea, Purified Water.

### **What CENTONE looks like and contents of the pack :**

200 ml amber coloured bottle packed in a carton along with insert

**MANUFACTURER**  
**MERCURY LABORATORIES LIMITED**  
**UNIT NO. 2, VADODARA ROAD**  
**GUJARAT, INDIA**

**This leaflet was last approved on : 16.03.2020**