

Package leaflet: Information for the patient

BIVA PLUS Tablets

Cyproheptadine with Multivitamin Tablets

Please read this leaflet carefully before using this medicine. If you have any questions or are not sure about anything, ask your doctor or pharmacist.

In this leaflet:

- **1. What BIVA PLUS Tablets is and what it is used for?**
- **2. Before you take BIVA PLUS Tablets**
- **3. How to take BIVA PLUS Tablets?**
- **4. Possible side effects**
- **5. How to store BIVA PLUS Tablets?**
- **6. Further information**

1. What BIVA PLUS Tablets is and what it is used for?

Cyproheptadine HCl in BIVA PLUS is indicated for the Anorexia (lack of appetite). Anorexia Nervosa is a psychological condition where patient does not want to take food. This condition is predominantly seen in young girls who tend to avoid taking foods in fear of becoming bulky. BIVA PLUS is indicated for loss of appetite, weight loss, anorexia nervosa and as adjunct to anti-tubercular and anti-retroviral regimens for weight gain.

In children, BIVA PLUS is indicated in underweight children who have inadequate dietary intake or loss of appetite and children in deficiency of Vitamins.

Vitamin A: Helps eye health play an essential role in metabolic functioning of the retina.

Vitamin D3: Maintain blood levels of calcium.

Vitamin B1: Needed to process carbohydrates fats, help convert carbohydrates into the fuel.

Riboflavin: Riboflavin is required for the utilization of energy from food, treatment of nutritional deficiency, glossitis, keratitis, seborrhoeic dermatitis.

Cyanocobalamin: Maintaining normal vitamin B12 blood levels and also used to treat or prevent low blood levels of vitamin B12 that may be caused by other conditions.

Nicotinamide: Process of releasing energy from carbohydrates.

Calcium Pantothenate: is a nutritional supplement and usually used in conjunction with other B group vitamins.

Calcium lactate: is used in calcium deficiency state resulting from dietary deficiency of ageing.

2. Before you take BIVA PLUS Tablets

Do not take BIVA PLUS tablets if you are allergic to albendazole or any other anthelmintic or to any of the ingredients listed in section 6 of this leaflet.

TAKE SPECIAL CARE WITH BIVA PLUS Tablets

You have a problem with the way your liver works, or if you have a problem with your kidneys.

You have a condition which causes increased pressure in your eyes, such as glaucoma.

You have prostate problems, or if you have been experiencing any difficulty passing urine.

You know you have a stomach ulcer or a blockage in your small intestines.

You have epilepsy.

You have a rare inherited blood condition known as porphyria.

Taking BIVA PLUS with food and drink:

Drinking alcohol with BIVA PLUS can cause side effects.

PREGNANCY AND BREAST FEEDING

BIVA PLUS should not be used during pregnancy or in women who think they may be pregnant.

DRIVING AND USING MACHINES

If you experience drowsiness, dizziness, hypotension or a headache as side-effects when using BIVA PLUS Tablets then it may not be safe to drive a vehicle or operate heavy machinery. One should not drive a vehicle if using the medicine makes you drowsy, dizzy or lowers your blood-pressure extensively. Pharmacists also advise patients not to drink alcohol with medicines as alcohol intensifies drowsiness side-effects. Please check for these effects on your body when using BIVA PLUS Tablets. Always consult with your doctor for recommendations specific to your body and health conditions.

3. How to take BIVA PLUS Tablets?

- Take BIVA PLUS Tablet exactly as your doctor or pharmacist tells you to. The usual recommended doses are:
 - **Adults** : - One tablet two to three times daily.
 - **Children**—Use and dose must be determined by your doctor.

- If you forget to take a dose, don't worry, just take the next dose when it is due and then continue as before. Do not take two doses together to make up for a forgotten dose.

4. Possible side effects

Possible side effects of BIVA PLUS tablet is Drowsiness, dry mouth, confusion, anorexia, weight gain, impaired reaction, paradoxical excitement in children, allergic reaction has been known to occur following administration of thiamine.

If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor, health care provider or pharmacist.

5. How to store BIVA PLUS Tablets?

- Keep BIVA PLUS tablets and all the medicines out of reach and sight of children.
- Store BIVA PLUS tablets below 30°C, protected from the sunlight.
- Throw away BIVA PLUS tablets that is no longer needed or expired (out of date).
- Keep BIVA PLUS tablets in the container that it came in and keep the container tightly closed.
- Do not use BIVA PLUS tablets if the original seal over the container opening is broken or missing.
- Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required.

6. Further information

What BIVA PLUS Tablet contains:

Active substance:

Each film coated tablet contains:

Cyproheptadine Hydrochloride (Anhydrous) BP	4 mg
Vitamin A (as Acetate) BP	2500 IU
Vitamin D3 BP	200 IU
Vitamin B1 BP	2 mg
Riboflavin BP	2 mg
Cyanocobalamin BP	1 mcg
Nicotinamide BP	25 mg
Calcium Pantothenate BP	5 mg
Calcium Lactate BP	100 mg

Other ingredients:

Sodium Benzoate, Butyl Hydroxy toluene, Aerosil, P.V.P.K-30, Microcrystalline Cellulose, Lactose, Croscarmellose Sodium, Purified Talc, Magnesium Stearate, Sodium Starch Glycolate, Wincoat red.

What BIVA PLUS tablet looks like and contents of the pack:

A Red coloured, oblong shaped film coated tablet with break line on one side and plain on other side.

Supplier and Manufacturer

CENTURION REMEDIES PVT. LTD.

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Baroda-390016, India

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