PATIENT INFORMATION LEAFLET

SCHEDULING STATUS

Schedule 0

PROPRIETARY NAME, STRENGTH AND PHARMACEUTICAL FORM

REFRESH LIQUIGEL®, carboxymethylcellulose sodium 10 mg/ml lubricant eye drops

Read all of this leaflet carefully because it contains important information for you

REFRESH LIQUIGEL® is available without a doctor's prescription, for you to treat a mild illness. Nevertheless you still need to use REFRESH LIQUIGEL® carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share REFRESH LIQUIGEL® with any other person.
- Ask your pharmacist if you need more information or advice.
- You must see a doctor if your symptoms worsen or do not improve after 3 days.

1. WHAT REFRESH LIQUIGEL® CONTAINS

- The active substance is carboxymethylcellulose sodium 10 mg/ml.
- Other ingredients are calcium chloride, magnesium chloride, potassium chloride, sodium chloride, purified water with boric acid and sodium borate (as buffers).
- Preservative: Purite® (stabilised oxychloro complex) 0,0075 % w/v

2. WHAT REFRESH LIQUIGEL® IS USED FOR

- REFRESH LIQUIGEL® is used as a lubricant for dry eyes.
- REFRESH LIQUIGEL® is also used for the temporary relief of burning, irritation and/or discomfort due to the dryness of the eye.
- REFRESH LIQUIGEL® is used to lubricate and rewet soft and rigid gas permeable contact lenses. It is also indicated to relieve the dryness, irritation, and discomfort that may be associated with lens wear.

3. BEFORE YOU USE REFRESH LIQUIGEL®

Do not use REFRESH LIQUIGEL®

- If you are hypersensitive (allergic) to carboxymethylcellulose sodium or any of the other ingredients of REFRESH LIQUIGEL®

Take special care with REFRESH LIQUIGEL®

- REFRESH LIQUIGEL® is intended for external use only.
- Do not use if solution changes colour or becomes cloudy.
- Stop use and ask your doctor if you experience eye pain, changes in vision, continued redness or irritation of the eye, or if the condition worsens or persists for more than 72 hours.
- Keep out of the reach of children. If swallowed, get medical help or contact a Poison Control Centre right away.
- If irritation develops, discontinue lens wear and consult your doctor.
- To avoid contamination, do not touch the tip of container to any surface. Replace the cap after using.
- Use before the expiration date marked on the container.
- To prevent infection, NEVER wet contact lenses with saliva or place lenses in your mouth.
- Do not use REFRESH LIQUIGEL® in your lens case.
- Safety and effectiveness have not been demonstrated with REFRESH LIQUIGEL® in paediatric patients.

Pregnancy and breastfeeding
If you are pregnant or breastfeeding your baby, please consult your doctor, pharmacist or other healthcare professional for advice before using REFRESH LIQUIGEL®.

Driving and using machinery
If you experience transient blurred vision, do not drive or operate machinery until your vision has cleared.

Using other medicines with REFRESH LIQUIGEL®
Always tell your healthcare professional if you are taking any other medicine. (This includes complementary or traditional medicines.)

If you use another eye drop product concomitantly with REFRESH LIQUIGEL®, the product should be administered at least 5 minutes apart from the instillation of REFRESH LIQUIGEL® to avoid washout effects.

4. HOW TO USE REFRESH LIQUIGEL®
Do not share medicines prescribed for you with any other person.

For use in dry eyes
Instil 1 or 2 drops in the affected eye(s) as needed.

Rewetting of lenses
To lubricate and rewet soft and rigid gas-permeable lenses during the day: With the lenses on the eye, apply 1 to 2 drops to each eye as needed, or as directed by your doctor. Blink several

times.

If you use more REFRESH LIQUIGEL® than you should
No toxic side effects are expected in case you accidentally use more of the medicine than recommended.

In the event of overdosage, consult your doctor or pharmacist. If neither is available, contact the nearest hospital of poison control centre.

If you forget to use REFRESH LIQUIGEL®
Do not use a double dose to make up for forgotten individual doses.

5. POSSIBLE SIDE EFFECTS

REFRESH LIQUIGEL® can have side effects. Not all side effects reported for REFRESH LIQUIGEL® are included in this leaflet. Should your general health worsen or if you experience any untoward effects while using REFRESH LIQUIGEL®, please consult your doctor, pharmacist or other healthcare professional for advice.

You may experience visual disturbances and/or eye discharge. Other side effects reported include redness of the eye, eye discharge, eye irritation, burning and discomfort, eyelid swelling and itching of the eye, eye pain, eyelid margin crusting and/or medication residue, foreign body sensation in eyes, hypersensitivity including eye allergy.

If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

6. STORING AN DISPOSING OF REFRESH LIQUIGEL®

- Store at or below 25 °C.
- Do not use more than 30 days after first opening.
- Do not touch tip of container to any surface and replace the cap after using.
- Store all medicines out of reach of children.
- Do not use the eye drops after the expiry date shown on the carton.
- Return all unused medicine to your pharmacist. Do not dispose of unused medicine in drains or sewerage systems (e.g. toilets).

7. PRESENTATION OF REFRESH LIQUIGEL®

REFRESH LIQUIGEL® is available as a 15 ml multiple dose, plastic container with a plastic tip and cap.

8. IDENTIFICATION OF REFRESH LIQUIGEL®

REFRESH LIQUIGEL® is a clear to slightly hazy, colourless to slightly yellow, viscous solution.

9. REGISTRATION NUMBER

A38/15.4/0592

10. NAME AND ADDRESS OF REGISTRATION HOLDER

Allergan Pharmaceuticals (Pty) Ltd
30 New Road (entrance off Bavaria Road)
Randjespark Ext. 11, Midrand, 1682
Johannesburg, Gauteng
South Africa

11. DATE OF PUBLICATION

Date of registration: 24 November 2005
Date of most recent patient information leaflet as approved by Council: 24 November 2005