

How to control the spread of the coronavirus



Use FDA approved hand sanitizers.

Rub the hand sanitizer on the palm, back of the hand, in-between the fingers and nails for at least 20 seconds



Your Well-being. Our Priority.

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Wash your hands frequently and thoroughly with soap under running water as follows:



WET YOUR HANDS



APPLY SOAP



RUB YOUR PALMS



BACK OF HANDS



WASH YOUR THUMB



BETWEEN FINGERS



FOCUS ON WRIST



**WIPE WITH CLEAN TISSUE/
TOWEL**



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Do not touch your eyes, mouth or nose. Use a tissue